

# Al Islamia Preschool

## Autumn Term Newsletter

Assalamualaykum W.W

We hope this newsletter reaches you in the best of health of health and imaan. We would like to extend a warm welcome to our new and existing children and parents/carers at our preschool. The children have settled in well and the daily routine from the classroom to the playground is now running very efficiently and effectively. We are expecting a very busy term with fun things planned covering many aspects of learning and are delighted that you and your child/ren will be part of it.

### Session Timings

Toddlers and F1 Morning session: 8.30am-11.30am  
Toddlers and F1 Afternoon session: 11.45am-2.45pm  
F2: 8.30am – 2.45pm

### Absences

Please report any absences – long term or short term to the school office, on the day, within 15 minutes of your child's scheduled start time.

### Ofsted Inspection

As you are aware, we had an Ofsted inspection at our Preschool on Friday 9th September 2022.

Alhum.....we had a very positive inspection and our early years provision has been graded **GOOD**.

The report will be available to read once issued by Ofsted. Meanwhile, we would like to thank you for your continued support and duas.

### Islamic Rhyme of term 1 Silver star

Brightly shining silver star,  
Who has made you as you are?  
Sparkling over land and sea,  
High above the highest tree,  
Allah created you and me  
In truth so perfectly



### Our Staff

Salma Apa (Early Years Coordinator)  
Haleemah Apa (Deputy Early Years Coordinator/SenCo)  
Hana Apa (Toddler Practitioner)  
Zainab Apa (Toddler Practitioner)  
Faaizah Apa (F1 Practitioner)  
Sajidah Apa (F1 Practitioner)  
Ishrat Apa (F1 Practitioner)  
Asma Apa (F2 Teacher)  
Saleha Apa (F2 Practitioner)  
Zainab Apa (F2 Teaching Assistant)

### Holiday Dates

#### Half Term Holiday:

Monday 17<sup>th</sup> October 2022-Friday 21<sup>st</sup> October 2022

#### End of Term Holiday:

Monday 19<sup>th</sup> December 2022-Tuesday 3<sup>rd</sup> January 2023

### Islamic Rhyme of the term 2

#### Five little seeds

Five little seeds lay planted one day  
In a garden far away  
A... made the rain come down  
And one little seed grew from the ground

### Home Learning Packs

Parents participating and actively being involved in the early years setting can have a significant impact on improving children's learning and addressing their needs. Therefore, we will be giving out home learning packs for you to share and complete with your child. Packs are limited so please ensure they are returned.



## Our Curriculum

At Al Islamia Preschool we follow the Early Years Foundation Stage (Development Matters) as guidance on supporting your child's individual learning and development.

The aim of our curriculum is to equip children with the skills and knowledge they need to explore and understand the world around them. We believe that children grow and develop when they have access to a well thought out learning and environment and engaged adults.

The teaching and learning of new skills and knowledge are delivered through both adult and child led opportunities both indoors and outdoors.

We focus on the importance of knowledge and skills that will support children in every way possible so that they can make the most of opportunities and fulfil their potential along with promoting their independence.

There are seven areas of learning and development within the Early Years curriculum.

### Prime Areas of Learning

- Personal, Social and emotional development
- Communication and Language development
  - Physical development

### Specific areas of learning

- Literacy
- Mathematics
- Understanding the world
- Expressive Arts and design

### How we deliver our Curriculum to your children...

- We will upload observations to you. These will be a mixture of group and individual updates of what your child has been doing.
- With regards to monitoring your child's development through detailed observations this will be done as follows, we have certain check points in place which enables us to look closely at a child's learning and development, this will help us flag any concerns and put strategies in place where needed.
- We will complete the 2 year progress check. This is a statutory progress check to be completed at the age of two.
- When your child moves from one room to another, we will complete a transition document in conjunction with you to allow fully up to date information about your child to pass between key people.
- When your child goes to school, we will produce transition documents to support this.

|                                                                                                                   |                                                                                                                            |                                                                                                               |
|-------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|
| <br>Hello<br>WB: 05/09/2022    | <br>Yes<br>WB: 12/09/2022<br>19/09/2022 | <br>No<br>WB: 26/09/2022   |
| <br>Sit down<br>WB: 03/10/2022 | <br>Stand up<br>WB: 10/10/2022          | <br>Come<br>WB: 24/10/2022 |
| <br>Eat<br>WB: 31/10/2022      | <br>Drink<br>WB: 07/11/2022             | <br>Work<br>WB: 14/11/2022 |
| <br>Listen<br>WB: 21/11/2022   | <br>Look<br>WB: 28/11/2022              | <br>Play<br>WB: 05/12/2022 |

### Sign of the week

At our preschool we have introduced sign of the week with the children. Children learn a new sign each week and are encouraged to use this when communicating. This makes all practitioners and children's communication effective as possible, so all children at our preschool have the best chance of learning to communicate themselves.

WB = Week beginning

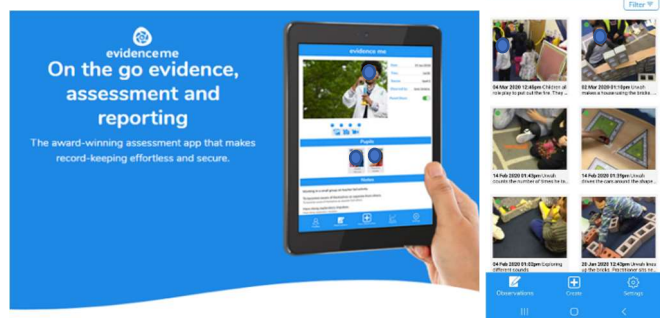
## Evidence Me

Parents are able to submit photos and videos of what their child has been doing to a special app or the app Web Suite

How to contribute to your child's observation portfolio through the app:

1. Open the Evidence Me by 2simple app on your device.
  2. For each Parent Share observation, you can add evidence. This could be an activity or a piece of work.
- Select an option on the app create screen to start your observation.
- TOP TIP:** Your observation will automatically appear on your recent observations bar so you can always edit it at a later date.
3. Tap **Add Learners+**– Please note a learner must be added in order for the observation to be sent to us.
  4. Tap **Add Parent Notes+**

Observations will automatically be uploaded to the school's account as long as your device is connected to Wi-Fi.



## How to support your child's learning and development

- Read stories daily to your child and use them as an opportunity to talk about the characters and events in the story. You could also discuss some of the details children have spotted in the pictures, such as the character's facial expressions.
- Have lots of conversations with your child throughout the day. Try and increase their vocabulary by using a wide range of vocabulary.
- Practise counting with your child and looking at small groups of items. Explore what happens to numbers when you put these small groups of items together, or split a larger group into two smaller groups.
- Support your child's early reading by practising phonic skills, such as recognising letter sounds and blending them together to read words. Also, support your child with their writing by checking they are forming their letters in the correct way and holding a pencil properly. (F2)
- Encourage your child to make healthy food and drink choices, especially related to sugar content and how this can affect teeth. Also, support your child to properly brush their teeth at least twice a day at home.
- Plan activities that allow your child to be active and develop their strength through large body movements as well as smaller, more precise movements.

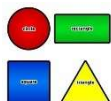
### Toddler/F1 Themes Term 1

Week 3: All About Me, Feelings

Week 4: All About Me, Feelings

Week 5: Autumn

Week 6: Autumn



### Toddler/F1 Themes Term 2

Week 1: Space

Week 2: Space

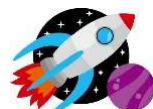
Week 3: Shapes and Colours

Week 4: Shapes and Colours

Week 5: Winter

Week 6: Winter

Week 7: Winter



### F2 Themes Term 1

Week 3: It's good to be me

Week 4: Autumn, Seasons and colours

Week 5: My 5 senses

Week 6: People who help us



### F2 Themes Term 2

Week 1: Countries and continents and maps

Week 2: Different foods and flags

Week 3: Space

Week 4: Under the sea

Week 5: Bears

Week 6: Dinosaurs

Week 7: Owls/night and day

Week 8: A gift for you



### F2 Phonics workshop

Engaging parents with their child's phonics learning is key to their success therefore, we have organised a phonics workshop on Thursday 29<sup>th</sup> September at 9.40am.

5-7 Evington Street – Leicester – LE2 0SA – 0116 2515101 – preschool@alislamia.org.uk

### Toddler/F1 Routine AM

**8.30-9.45** Children arrive, self-registration, play and Spark time  
**9.45-10.00** Group time  
**10.00-10.30** Snack time / Toothbrushing  
**10.30-11.15** Outdoors  
**11.15-11.30** Quiet time/Story time/Duas  
**11.30** Home time

### Toddler/F1 Routine PM

**11.45-1.00** Children arrive, self-registration, play and Spark time  
**1.00-1.15** Group time  
**1.15-1.45** Snack time / Toothbrushing  
**1.45-2.30** Outdoors  
**2.30-2.45** Quiet time/Story time/Duas  
**2.45** Home time



### Sunnah Focus Term 1

Week 2: To greet all Muslims with salaam  
 Week 3: To start everything with Bis.....  
 Week 4: To respect all people  
 Week 5: To wash both hands up to the wrist  
 Week 6: To have a pleasant smile  
 Week 7: Sitting down on a dastarkhan when eating/drinking

### Sunnah Focus Term 2

Week 1: To recite the du'aa before and after eating  
 Week 2: To brush the teeth with a miswaak  
 Week 3: To recite the du'aa before sleeping  
 Week 4: To recite Alhamdulillah... upon sneezing  
 Week 5: To visit a person when he/she is sick  
 Week 6: To lick the fingers after eating  
 Week 7: To start everything with the right  
 Week 8: To enter the toilet with the left foot

### Super Star Sports

At Al Islamia Preschool we believe a child's physical skills are an important part of their holistic development and affect all areas of development. Therefore we have scheduled a session on Wednesday 28<sup>th</sup> September 2022 for some of our preschool children to take part in Super Star Sports. Super Star Sport use practical activities to help children learn new physical key skills. The sessions are specially designed to ensure children's enjoyment throughout and to aid learning and development.



### F2 Bookbags/Reading books

**All bookbags** will be sent home every **Friday** and **MUST** be returned to preschool on **Monday**. Your child's bookbag will consist of a reading book that is matched to their secure phonics knowledge. It is very important that your child brings this book back in their bookbag on **Monday**.

**Failure to do so will affect your child's reading fluency and your child will not be issued a new book.**

**All lost or damaged books will need to be paid for.**

### Weather

It is a requirement of the Early Years curriculum that children access the outside environment regardless of the weather so can we remind parents to ensure that children are appropriately dressed when attending preschool.

As the weather will no doubt get colder over the coming weeks and second half of the term could we kindly remind you to ensure your child has a waterproof coat, hat, scarf, gloves and wellies etc. All clothing must be labelled clearly with your child's name. Iron on labels can be purchased from eBay



### F2 Routine

|           | 8.30-9.40                | 9.40-10.30               | 10.30-11.15 | 11.15-12.00       | 12.00-12.30 | 12.30-1.00              | 1.00-1.30      | 1.30-2.15      | 2.15-2.45 |
|-----------|--------------------------|--------------------------|-------------|-------------------|-------------|-------------------------|----------------|----------------|-----------|
| Monday    |                          |                          |             |                   |             |                         | 1 to 1 Reading | 1 to 1 Reading |           |
| Tuesday   | Self-Registration / Play | Spark Indoors / Outdoors | Phonics     | Madrasa and Snack | Maths       | Daily Supported Reading | Literacy       | Lunch          |           |
| Wednesday |                          |                          |             |                   |             |                         |                |                |           |
| Thursday  |                          |                          |             |                   |             |                         |                |                |           |
| Friday    |                          |                          |             |                   |             |                         |                |                |           |

## Policy of the Term – Outdoor Play

At Al-Islamia Preschool we recognise the importance of daily outdoor play and physical development and are committed to ensure all children have daily access regardless of their age and stage of development. Where possible this includes the children having free access to the outdoors allowing them the freedom to play indoors or out. We provide an inclusive outdoor play environment with areas for non-mobile children to freely explore. We make reasonable adjustments where required, in line with the Equality Act 2010. We go out to play with all children in all weathers (unless it is deemed unsafe).

We understand the vital role that learning outdoors has on children's learning and development as well as the importance of regular access to outdoor play in order to keep fit and healthy, develop children's large and fine motor skills, experience learning in a natural environment and access sunlight in order to absorb vitamin D more effectively. We also refer to The Chief Medical Office guidance on physical activity.

The outdoor areas, both within the Preschool grounds and in the local community have a wealth of experiences and resources, which help children to learn and develop in a variety of ways, including independence, exploration and investigative skills, risk taking and self-esteem, all of which support children to develop skills now and for the future. We take reasonable steps to ensure the safety of children through risk assessments whilst balancing the benefits to learning through providing an element of 'risky play'. This type of play allows children to explore and find their own boundaries in a safe environment with supportive practitioners. Staff are informed of the importance of safety procedures and are trained appropriately to ensure these procedures are followed effectively.

We ensure outdoor play is adequately supervised and we have robust safety checks in place, including regular head counts.

We obtain parental permission before any child leaves the Preschool during the day. This includes short outings into the local community. There is more information in the outings policy. We plan all outdoor play opportunities and outings to complement the early years curriculum, this includes providing children with purposeful activities and quality resources that support and follow their individual interests and the seven areas of learning and development. We plan both adult-led and child-initiated opportunities to enable children to learn and practice new skills, knowledge and behaviours. Where possible and in line with the children's needs we will also often have snacks and meals outdoors and some children will sleep outdoors (see sleep policy).

Where activities take place away from the setting (e.g. in the local park) then a Preschool mobile phone and first aid kit will be taken to ensure the safety of children at all times. A trained paediatric first aider will be present when away from the main setting.

## Healthy Packed Lunches

A healthy lunch every day will give your child the energy and nutrients they need to grow, develop and learn. At Al-Islamia Preschool we encourage children to eat healthy therefore children are required to bring a healthy, balanced and nutritious packed lunch.

Children may bring **one** treat on **Fridays**.

Your child's packed lunch should include foods from the following food groups:

|                                 |                                                                                   |                                  |                             |                                                            |
|---------------------------------|-----------------------------------------------------------------------------------|----------------------------------|-----------------------------|------------------------------------------------------------|
| 1 or 2 portions of STARCHY FOOD | 1 portion of PROTEIN FOOD: meat, fish, eggs, beans, lentils or other alternatives | At least 1 portion of VEGETABLES | At least 1 portion of FRUIT | At least 1 portion of MILK OR DAIRY FOODS, or alternatives |
|---------------------------------|-----------------------------------------------------------------------------------|----------------------------------|-----------------------------|------------------------------------------------------------|

## Reminder

A clean set of spare clothes needs to be kept at the preschool for your child to change in to should the need arise. For children that are in nappies or pull ups, please provide 2-4 nappies or pull ups (whichever your child is using) and wipes; these will be kept in our setting on labelled pegs.